



## LOCAL FOOD SHOPPING AND DELIVERY SERVICES INFORMATION

This list has been collated to support older people in trying to find local solutions to food delivery during a period of isolation.

Here you will find information on:

**Supermarket shopping times**

**Local food delivery services**

**Ready meal deliveries**

**Taxi companies collecting food orders**

**Community groups**

**PLEASE NOTE:** Age UK Norwich does not endorse any service listed or verify the quality of goods or service provided. Use of these services is at your own discretion.

All details are correct as of 27 March 2020. If you are a local business or community group and would like to be added to this list or you would like to make a correction, please contact [cathy.eden@ageuknorwich.org.uk](mailto:cathy.eden@ageuknorwich.org.uk) or phone 01603 496321.

## SUPERMARKET OPENING TIMES FOR VULNERABLE & ELDERLY CUSTOMERS (as of 27 March 2020)



FRIDAY: 8am – 9am



MONDAY – SATURDAY: 8am – 9am  
SUNDAY: 10am – 11am



EVERYDAY: 8am – 9am (excluding Sundays)



MONDAY, TUESDAY & THURSDAY: 8am – 9am



EVERYDAY: 9am-10am (excluding Sundays)



MONDAY, WEDNESDAY & FRIDAY: 8am – 9am



MONDAY, WEDNESDAY & FRIDAY: 9am-10am



EVERYDAY: 7am – 8am (excluding Sundays)

## LOCAL FOOD DELIVERY SERVICES

### 1. VEGETABLE, MEAT & GROCERIES SUPPLIERS

COMPANY NAME	DELIVERY AREA	TYPES OF FOOD	DELIVERY / PAYMENT DETAILS	CONTACT DETAILS	WEBSITE
<b>Archers Butchers</b>	NR1 - NR8	Meat, pies, cheese and ready-made meals		01603 434253	<a href="http://www.archersbutchers.com/about/deliveries/">www.archersbutchers.com/about/deliveries/</a>
<b>Blofield Farm Shop</b>	Citywide	Fresh produce and some groceries	£5 delivery charge Payment over phone	01603 715232	
<b>Broadland Veg Boxes</b>	Citywide	Fruit, veg and extras.	Prefer online orders via website to telephone orders. Free delivery over £10.50	01603 871297 07413701621	<a href="http://www.broadlandvegboxes.com">www.broadlandvegboxes.com</a>
<b>Church Farmshop</b>	Eaton and Cringleford	Fruit and vegetables	£15 minimum order	<a href="mailto:jake.churchfarmshop@icloud.com">jake.churchfarmshop@icloud.com</a>	
<b>CJs Fruit and Veg</b>	Citywide	Norwich fruit and vegetable market stall	Orders over £20 are free	07810 835544 paulawiley@hotmail.com	
<b>Easters</b>	Citywide	Veg/fruit boxes with extras including bread and milk		01603 760565	

Age UK Norwich Food Delivery List v1. All details are correct as of 27 March 2020.

**Age UK Norwich does not endorse any service listed or verify the quality of goods or service provided. Use of these services is at your own discretion.**

<b>Greengrocers</b>	NR1 - NR7	Home delivery for a range of household items and foods. Mainly organic/wholefoods.	Delivery £4. Free for orders over £20	01603 250000 <a href="mailto:eat@thegreengrocers.co.uk">eat@thegreengrocers.co.uk</a>	
<b>Green Pastures Plant Centre and Farm Shop</b>	Within 5 miles of NR15 (Bergh Apton)	Ready meals and fresh produce delivery inc fruit and veg, essentials and home cooked pies.	Min order £10. £3 charge for delivery within 5 miles of NR15. <b>Check they can deliver to your area before placing order.</b>	01508 480734 <a href="mailto:iinfo@greenpasturenursery.co.uk">iinfo@greenpasturenursery.co.uk</a>	<a href="http://www.greenpasturenursery.co.uk">www.greenpasturenursery.co.uk</a>
<b>Hidden Treasures, Magdalen Road / Norwich Homeless Lunches Food Bank</b>	Citywide	Non referral food parcels and meal delivery		01603 327445 <a href="mailto:info@norwichbussheltercic.co.uk">info@norwichbussheltercic.co.uk</a>	
<b>Mike and Debs</b>	Citywide	Norwich market stall doing fruit and veg deliveries.	Orders over £20 are free	01603 569207 Or message on Facebook	
<b>Morrisons supermarket</b>	Citywide	Staple food box can be ordered for meat eaters and vegetarians.	Will launch shortly as a phone order service for those who can't go online. Can also be ordered online. Cost is £30 plus £5 delivery	Check store website for details	<a href="https://www.morrisons.com/foodboxes/boxes">https://www.morrisons.com/foodboxes/boxes</a>
<b>Mr Fruity</b>	Citywide	Home delivery service. Fruit, veg, bread, milk and cheese.	Payment over phone or bank transfer in advance. Minimum order £10	01603 488999 <a href="mailto:orders@mr-fruity.co.uk">orders@mr-fruity.co.uk</a>	<a href="http://www.mr-fruity.co.uk">www.mr-fruity.co.uk</a>

Age UK Norwich Food Delivery List v1. All details are correct as of 27 March 2020.

**Age UK Norwich does not endorse any service listed or verify the quality of goods or service provided. Use of these services is at your own discretion.**

<b>Norfolk in a Box</b>	Norfolk	Fruit, veg, meat and other items in a box delivered. Boxes of varying prices.	Currently a 1 week turnaround due to demand. Full details available on their website.	07827 777541 <a href="mailto:support@norfolkinabox.co.uk">support@norfolkinabox.co.uk</a>	<a href="https://norfolkinabox.co.uk">https://norfolkinabox.co.uk</a>
<b>Norfolk Veg Box</b>	Citywide	Fruit, veg and other items.	Pay by cash or bank transfer in advance and can order by phone. Weekly delivery service. Free delivery over £7.50.	01953 456508 <a href="mailto:info@norfolkvegbox.com">info@norfolkvegbox.com</a>	<a href="http://norfolkvegbox.com">http://norfolkvegbox.com</a>
<b>Norfolk Daily Fresh (Norfolk Halal)</b>	Citywide	All groceries available and all products are halal certified	Ordered online or over the phone. Delivery free for orders over £39.99 within 3 mile radius. £1 per mile after	01603 627646 <a href="mailto:internationalfoodmarket.co.uk@gmail.com">internationalfoodmarket.co.uk@gmail.com</a>	<a href="https://www.norfolkhalal.co.uk/index.php?route=common/home">https://www.norfolkhalal.co.uk/index.php?route=common/home</a>
<b>Oakhouse Foods</b>	Citywide	Ready meals and some groceries.	<b>Not taking on new customers as of 25/03/20 but this may change in a weeks time.</b> Payment over the phone and online	01379 870 117 <a href="mailto:anglia@oakhousefoods.co.uk">anglia@oakhousefoods.co.uk</a>	<a href="https://www.oakhousefoods.co.uk/">https://www.oakhousefoods.co.uk/</a>
<b>Old Hall Farm</b>	Citywide	Fruit, veg and meat, milk and butter. Also some ready meals		01508 333110 between 12 and 3 <a href="mailto:moo@oldhallfarm.co.uk">moo@oldhallfarm.co.uk</a>	<a href="http://www.oldhallfarm.co.uk">www.oldhallfarm.co.uk</a>
<b>White House Farm Shop</b>	TBC	Deliveries may be available soon. Phone to enquire		01603 715232	
<b>Veg Box Buh</b>	Citywide	Vegetable boxes	Order by phone or via website	01603 389365	<a href="http://www.vegboxbuh.co.uk">www.vegboxbuh.co.uk</a>

Age UK Norwich Food Delivery List v1. All details are correct as of 27 March 2020.

**Age UK Norwich does not endorse any service listed or verify the quality of goods or service provided. Use of these services is at your own discretion.**

## 2. READY MADE MEAL DELIVERIES

COMPANY	DELIVERY AREA	FOOD TYPE & DELIVERY DETAILS	DELIVERY / PAYMENT DETAILS	CONTACT DETAILS	WEBSITE
<b>Archers</b>	NR1 - NR8	Ready made frozen meal delivery		01603 434253	<a href="http://www.archersbutchers.com/about/deliveries/">www.archersbutchers.com/about/deliveries/</a>
<b>Country Kitchen Foods Meals on Wheels</b>	Citywide	<p>Chilled meals which can microwave or oven ready depending on customers preference. Made to order with 48 hours notice required.</p> <p>£5.00 for main meal or £5.50 for meal with dessert.</p> <p>Customers can chose if they order a weeks worth or just for one day.</p>	Payment by phone or via website using card, cheque, cash or invoice. Deliveries every two days.	01603 871329	
<b>The Cottage pub, Thorpe</b>	NR7 - Thorpe only	<p>See Facebook page for delivery menu: <a href="https://www.facebook.com/ThorpeCottage/">www.facebook.com/ThorpeCottage/</a></p> <p>Price approx £11.95 for main with sides.</p>	Lunchtime deliveries of meals if placed between 9 - 1.30. Free delivery and no minimum order.	01603 433444	

<b>Good Wholesome Food Company</b>	Citywide	Locally based frozen meal delivery company. £6 for main and dessert inc delivery.	No card payment. Call to order and arrange payment by alternative methods	01603 465717 07576 196349	<a href="http://www.goodhomefoods.co.uk/norfolk.html">http://www.goodhomefoods.co.uk/norfolk.html</a>
<b>Home for Dinner</b>	Citywide	Meal delivery. Main meal and dessert £5.00.	Delivered Mon - Friday. Charge made for delivery depending on location. DBS checked delivery drivers.	07880 460312	
<b>Oakhouse Foods</b>	Citywide	Ready meals and some groceries.	Not taking on new customers as of 25/03/20 but this may change in a week (as of 25/03/20). Payment over the phone as well as online	01379 870117 <a href="mailto:anglia@oakhousefoods.co.uk">anglia@oakhousefoods.co.uk</a>	<a href="https://www.oakhousefoods.co.uk/">https://www.oakhousefoods.co.uk/</a>
<b>Oaklands Hotel</b>		Offering 1 free meal a week on a weekly slot for over 70's.	Just call, arrange the slot and it will be delivered between 5 and 8.	01603 703362	
<b>Old Hall Farm</b>	Citywide	Some ready meals available. Contact for more information		01508 333110 (between 12 and 3) <a href="mailto:moo@oldhallfarm.co.uk">moo@oldhallfarm.co.uk</a>	<a href="http://www.oldhallfarm.co.uk">www.oldhallfarm.co.uk</a>

<b>TLC Dinner Choices</b>	NR1 - NR7	Meal delivery service. Hot meals, Teatime Snacks & Chilled Meals. £6.50 for main + dessert inc. delivery. Snack Menu includes sandwiches, cakes & scones.	This is via the Vauxhall Community Hub Caterers.	07742 801716 or 07946544932 <a href="mailto:empayne2374@gmail.com">empayne2374@gmail.com</a>	
<b>Wiltshire Farm Foods</b>	Citywide	Not currently accepting new customers unless 'extremely vulnerable'. Check website for info		0800 0773100	<a href="http://www.wiltshirefarmfoods.com/blog/coronavirus-update">www.wiltshirefarmfoods.com/blog/coronavirus-update</a>

### 3. LOCAL TAXIS DELIVERING FOOD

COMPANY	DELIVERY AREA	FOOD TYPE & DELIVERY DETAILS	DELIVERY / PAYMENT DETAILS	CONTACT DETAILS
<b>Bestway Taxis</b>	Citywide	Will pick up shopping from local shops if customers have called the shops to order and paid in advance.	Minimum fare applies. Drivers are DBS checked	01603 619619
<b>Loyal Taxis</b>	Citywide	Will pick up shopping from local shops if customers have called the shops to order and paid in advance.	Minimum fare applies. Drivers are DBS checked	01603 619619

Age UK Norwich Food Delivery List v1. All details are correct as of 27 March 2020.

**Age UK Norwich does not endorse any service listed or verify the quality of goods or service provided. Use of these services is at your own discretion.**



## LOCAL COMMUNITY FOOD AND HELP GROUPS

ORGANISATION	LOCATION	DETAILS	CONTACT
Community Fridge - Dussingdale Centre	Dussingdale	Pound Lane, NR7 0SR. Please check if still in operation by calling the number given	01603 701048
Community Fridge - St Francis Church	Heartsease	Rider Haggard Road, Norwich, Norfolk, NR7 9UQ Limited opening hours. Please check if still in operation by calling the number given	01603 702799
Community Fridge - West Costessey	Queens' Hill	Poethlyn Drive, Queen's Hills, NR8 5BP. Limited opening hours. Please check if still in operation by calling the number given	01603 742958
COVID-19 Mutual Aid Norwich	Citywide	Volunteer aid group offering support with errands, information distribution and community/emotional support.  Only on Facebook: <a href="https://www.facebook.com/groups/813227462494867/">www.facebook.com/groups/813227462494867/</a>	
COVID-19 Community Support NR3	NR3	Volunteer aid group offering support with errands, information distribution and community/emotional support.  Only on Facebook: <a href="https://www.facebook.com/groups/520708785532769/">https://www.facebook.com/groups/520708785532769/</a>	
Hellesdon Helping Hands	Hellesdon	Volunteer aid group offering support with errands, information distribution and community/emotional support for people in the Hellesdon area.  Contact via Facebook messenger or phone: <a href="https://www.facebook.com/groups/195652081770984/?fref=mentions">https://www.facebook.com/groups/195652081770984/?fref=mentions</a>	Via facebook messenger or phone 07398514296
Hidden Treasures	Citywide	Non referral food parcel service/general support. Based in NR3 (North City). See also listing for Hidden Treasures.	01603 327445 info@norwichbussheltercic.co.uk

Age UK Norwich Food Delivery List v1. All details are correct as of 27 March 2020.

**Age UK Norwich does not endorse any service listed or verify the quality of goods or service provided. Use of these services is at your own discretion.**

Norfolk and Norwich Coronavirus Volunteers and Help	Citywide	Volunteer aid group offering support with errands, information distribution and community/emotional support.  Via Facebook: <a href="https://www.facebook.com/groups/806785999844416/">https://www.facebook.com/groups/806785999844416/</a>	
Queen's Hills Community Covid - 19 Isolation Support	Queens' Hill	Volunteer aid group offering support with errands, information distribution and community/emotional support.  Contact via Facebook <a href="https://www.facebook.com/groups/1053633721681138/">https://www.facebook.com/groups/1053633721681138/</a>	
Sprowston Coronavirus Help Group	Sprowston	Volunteer aid group offering support with errands, information distribution and community/emotional support.  Via Facebook: <a href="https://www.facebook.com/groups/795117940976225/">https://www.facebook.com/groups/795117940976225/</a>	